

RECREATION OPPORTUNITIES: (Contact the Referral and Information Center at (212) 780-4491). **Summer Day Camp in the City and School Holiday Respite (All Boroughs):** Operates when school is not in session during the school year, 10 a.m. – 4 p.m. This program is to provide respite to families when school is not in session. Transportation is provided, must be in the HCBS waiver Current openings in both the children’s program (ages 6 – 13 years old); those interested in Summer Day Camp in the City **must not** be HCBS Waiver eligible and is 13 to 21 years of age. Please Contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org. **City Teens Program:** Individuals aged between 12-21 who are diagnosed with ASD (Autistic Spectrum Disorder) and are NOT eligible for OPWDD services. Mostly open to teens from Brooklyn but can accommodate a few from other boroughs. Program meets Sundays during the school year in Union Square for fun adventures around the city. Please contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org. **Overnight Weekend/Getaway Respite Programs (Mini Camps, Adult Hotel Respite, Teens Overnight Holiday Respite, and Bronx Escorted Vacations):** Available for independent travelers and individuals that are able to self-medicate and those who enjoy trips to various new places including upstate (Omitted days of trips) New York to discover various local attractions and seasonal activities. All individuals interested in this program must be in the HCBS Waiver. No cost, transportation provided. Please Contact Natalia Brzykcy at Natalia.Brzykcy@ahrcnyc.org. **Manhattan, Staten Island, Brooklyn and Queens Saturday Recreation and Socialization Programs for Children, Teens/Young Adults and Adults:** Operates Saturdays from September to June, 10 a.m. – 3 p.m. Transportation is provided, must be in the HCBS waiver. Current openings in both the children’s program (ages 6 – 12 years), teens/young adult program (13+), adults (21+). Please Contact Emily Hirst at Emily.Hirst@ahrcnyc.org OR Sam Emsell at Samuel.Emsell@ahrcnyc.org. **General Recreation Activities: Softball in Central Park, Brooklyn Basketball Program, Staten Island and Brooklyn Restaurant Club, Bowling throughout NYC, Quarterly Dances, Super Saturday, Sunday Trips and Queens Leisure:** Available to people who lives in New York City and NOT eligible for OPWDD services. Please contact Joe Antcliff at Joe.Antcliff@ahrcnyc.org OR Sam Emsell at Samuel.Emsell@ahrcnyc.org for more information of days and time. **Afterschool in Staten Island, Queens, Manhattan, Bronx and Brooklyn:** (for children and teens, ages 6-21). Children must live in the borough of the program. Each of our afterschool has different eligibility criteria; if you need more information please contact Robyn O’Brien at Robyn.O'Brien@ahrcnyc.org.

OVERNIGHT/EMERGENCY In-Home Hourly Respite Hourly Program: This type of Respite is a temporary care of a person with intellectual and developmental disabilities provided on an emergency basis due to a family/caregiver situation of extreme urgency, such as the hospitalization of a family member or unexpected travel plans. The overnight/emergency respite services ensure that the person receiving supports is safe and his/her basic needs are met. Emergency respite is provided in individual’s home. A caregiver must reside with the individual in the same household to be eligible for services. An applying person should be OPWDD eligible. Services are provided to families residing in the boroughs of Queens and Manhattan. Contact Kesha Sutton, Program Intake Supervisor at 212-780-4482. **IN-HOME RESPITE PROGRAM:** is designed to provide a relief for the caregiver. The in-home respite services ensure that the person receiving supports is safe and his/her basic needs are met. A caregiver must reside with the individual in the same household. The caregiver does not need to be present in the home during service provision hours. Services can be provided in the home or out in the community. We are open for people ages 3 and over in 5 boroughs of NYC. Contact the Referral and Information Center at (212) 780-4491. **COMMUNITY HABILITATION:** CH is a goal oriented service designed to train and support individuals to increase their independence. Services can be provided in the home or out in the community and the caregiver does not need to be present in the home during service provision. Individual applying for services must be OPWDD waiver eligible. We are open for people ages 3 and over in 5 boroughs of NYC. Contact the Referral and Information Center at (212) 780-4491.

EMPLOYMENT and BUSINESS SERVICES: TechnoStart: Program in S.I. for individuals with I/DD. 12 week vocational training program. Program helps individuals 18 years and older to Become Certified in Microsoft Office Applications and become Document Management Specialists learn about digital archiving, data entry and more. Job placement services and benefits assistance provided. Contact Cynthia Azueta at 718-981-3452. **Pathway to Employment:** The Pathway to Employment program offers individuals already enrolled in a waiver service an opportunity to discover their employment interests and improve their skill set. Participants will experience 3-4 job roles in the community through volunteer sites, receive job readiness training and personalized vocational discovery throughout this 1 year service with the goal of transitioning to paid employment. A variety of internship sites are available and this offers great opportunity for thorough discovery. Contact Jessica Waardal at 718-981-3452 for Staten Island; Pilar Jones at 212-895-3339 for Brooklyn; Ana Kuharik at 718-944-5099 for Bronx, Flora Nikogosyan at 212-634-8700 for Manhattan; Belma Dautovic at 718-639-5500 for Queens. **Brooklyn Day Hab without walls:** Day Hab without walls program explores the world of work through daily activities out in the community. Some of services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self-care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community

events. Contact Pilar Jones 212-895-3339. **Staten Island Day Hab without Walls:** Day Hab without walls program explores the world of work through daily activities out in the community. Some of the services and activities provided are: resume preparation workshops, interview preparation, personal hygiene skills, self-care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Jessica Waardal at 718-981-3452. **Senior Retirement Services:** Day Hab Without Walls program for individuals over age 55, must be a Bronx resident. Contact Ana Kuharik at 718 944-5099. **Bronx Day Hab Without Walls:** This program offers the opportunity for community activities including volunteering and social outings. The premise is to prepare people to move out of Day Hab and into employment. Contact Ana Kuharik, 718-944-5099 (Bronx) **Youth:** Train & Earn Careers in Environmental Services Program is a vocational training program for NYC residents with DD/ID/MI and LD and/or low income; 18–24 years old. 15 weeks of training combines classroom instruction with paid internship at major NYC businesses. Successful graduates will become Certified Custodian Technicians- certified by third party. There are three cycles during the year. The program offers job placement and job supports after graduation. Integrated program great for developing relationships and preparing for employment. Brooklyn: Jeremiah Jenkins, 212-895-3310; Bronx, Cristina Mapoy 718-944-5099, Staten Island, Cynthia Azueta at 347-504-4882. **Staten Island Intern & Earn Program:** DYCD- 14 weeks of a paid internship program for young adults from 16-24 years old, who are out of school and out of work. Internship opportunities include; clerical, retail, culinary and maintenance. 350 hours of paid internship followed by job placement. Call Cynthia Azueta at 347-504-4882 or Natalya Sarukhanova at 718-981-3452. **HIRE** - Supported Employment, placement in jobs dependent on applicant's skills and abilities. Brooklyn: Sofiya Nibelitskaya, 212-895-3325. Queens: Melissa Levin-Tormos 917-662-6496. Bronx: Wayne Thomas, 718-944-5099. Staten Island: Jaclyn Tocco (718) 981-3452. Manhattan: Mikala Abrahams - 212-634-8673. **Job Connection Center- Psycho-social Clubhouse (Brooklyn):** A small, innovative, community-based membership program specifically designed to support people living with mental illness and intellectual and developmental disabilities. Voluntary participations allows members to gain free access to opportunities to rejoin the worlds of friendship, family, employment and education, and to the services and support they may individually need to continue their recovery. Call Blessing Nwulu at 212-895-3370.

ADULT DAY SERVICES: A variety of programs where individuals become valued community members in different ways, including volunteering, shopping, visiting local attractions, etc. The programs offer many life enhancing experiences in the arts, travel training, and vocational services. There are also programs that operate solely in the community, and in higher education programs in cooperation with local colleges. **There are vacancies at all ADS sites throughout the 5 boroughs.** For more details, call Central Intake at 212-780-4491.

Emergency Reimbursement Program (Family Support Service): The Emergency Program provides reimbursement up to \$1,000 for people who have developmental disabilities and need emergency support. The requests may be for goods and/or short term services that will support the person during the time of an emergency. A wide variety of goods and services will be considered, including: costs to replace items lost in a fire, mattress replacement after bed bug infestation, utility suspensions, eviction risks and Emergency Respite Care. Emergency Respite Care is temporary care of a person with a developmental disability provided on an emergency basis due to a family situation of extreme urgency, such as, but not limited to the hospitalization of a family member, unexpected emergency travel plans or relief needed for the caregiver due to special circumstances. Criteria for program enrollment: resides with family in Brooklyn or Queens, OPWDD eligibility. For more information call 212-895-3478. **Nicosia Family Reimbursement:** The service provides the opportunity to be reimbursed for purchased services and goods, and the possibility of purchasing services and goods that are not funded through any other sources. The goods and services have been deemed appropriate to meet the needs of the person being served. Criteria for grant: OPWDD eligibility, resides with family, vacancies for those living in Manhattan, Brooklyn, Queens, Bronx or Staten Island. For more information call 212-895-3478. **Intensive Behavioral Services** Program in the Bronx which provides Intensive Behavioral Services for individuals who live in non-certified or Family Care Homes and present with substantial challenging behaviors that put them at risk of placement in a more restrictive living environment. The service involves in home behavior management evaluation and treatment by psychologists who specialize in Functional Behavioral Assessment and Intervention. For information about the application or questions, contact Lisa Adorno at 718-643-2566. **Queens Intensive Parent Training:** This family support program serves ID/DD parents who reside in Queens, who are living in the community and raising their children. This service provides education, parent training, intensive case management, and advocacy to help the parent improve their parenting skills and help keep children in the home with the parent(s). Criteria: reside in Queens County; parent must be ID/DD. Call Annette Spallino 212-780-2592. **Non-Medicaid Service Coordination:** The service includes assisting families through the Medicaid application process, information and referral services, outreach, parent networking and service access assistance for individuals and their families. Service Coordinator is able to make connections with diagnostic, residential, habilitative, educational, vocational, medical and recreational services. In addition, the Service Coordinator can assist with accessing benefits and entitlements, such as Medicaid and SSI. Criteria for program enrollment: resides with family,

vacancies for Manhattan, Queens, Bronx, Brooklyn and Staten Island. No Medicaid required. For further information please call 212-895-3478. **Article 16 Clinic Services:** Ongoing vacancies in Manhattan for psychological and psychosocial evaluations, individual and group counseling and nutrition services. There are also ongoing vacancies in the Bronx for individual and group counseling, psychological, and psychosocial evaluations at the 2488 Grand Concourse Clinic. Services are available in English and Spanish. Anyone interested in these programs should contact AHRC Central Intake at 212-780-4491. **REHAB Services:** Immediate openings for physical, speech, and occupational therapy. Call Robin Phillips at (212) 780-2762 for more information on how to request services. **FREE Psychological/Psychosocial Evaluations:** AHRC Article 16 Clinic is offering Psychological Evaluations and Psychosocial Evaluations for individuals who are developmentally disabled who do not have Medicaid and are residents of the five boroughs of NYC. Services are available in English and Spanish. For more information or to make a referral, call AHRC Central Intake at 212-780-4491. **PEIR:** The program offers drug and alcohol prevention education groups for individuals with ID/DD and/or TBI who are at risk of abusing substances. The program also provides positive alternative groups such as creative arts therapy, recreation trips, and a weekend planning group. For more information contact Jason Conover at 212-780-2658. **Linkages:** Provides intensive case coordination for individuals diagnosed with ID/DD, TBI, and substance use disorder to assist with access to substance use disorder treatment and to help them maintain sobriety after they complete a rehabilitation program. The coordinator can assist individuals in accessing vocational training programs, psychosocial clubs, outpatient SUD programs, AA community meetings, and assistance applying for appropriate HRA housing. These services can be used by people already receiving other types of service coordination. For further information contact Danielle Kain at 646-845-6036

RESIDENTIAL: There are vacancies in supervised and supportive IRA's for people who do not have any ambulation issues. If you have any questions please contact: 212-780-4457. If you would like to make a referral, please contact 212-780-4491. **OVERNIGHT RESPITE (out of home – NOT EMERGENCY; emergency above):** Guests must be age 8 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. There are availabilities in Manhattan, the Bronx, and Queens only. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact the Referral and Information Center at (212) 780-4491.